



First Sunday in Advent



Helpful



**Here
We
Go!**

**Tend to your own
wakefulness**

**...during a season that
can be full of
distractions.**

**Consider the future you
want to live in.**

**Name your own
dissatisfactions.**

**Rediscover where
you've anchored your
hope.**

**Recommit yourself to
accompanying,
following, and leading
others on the journey.**

**Be present with and for your
siblings in Christ.**

**It's easier to keep awake and
stay engaged when we have
trusted company around us.**